

## **Develop Energetic Perception**

Beyond Kyo And Jitsu

**This three-day seminar will teach the fundamentals of energetic perception in an easily understandable way. Being with yourself and finding inner peace is just as important as being able to work with what is perceived and observe the resulting effects.**

### **Course Content:**

Energetic perception is generally considered difficult, something that requires special skills. However, it is an ability that every person naturally possesses. Everyone uses it in their daily lives, albeit usually without being aware of it.

Energetic perception is a phenomenon of resonance: an energetic space (that of the observer) resonates with another space. Among other things, the more relaxed we are within ourselves, the easier it is for us to resonate with other spaces.

One focus of this seminar is therefore on the prerequisites within the observer that make energetic perception possible. This includes a relaxed and focused mind, which is made possible in Shiatsu through solid contact with the ground, gentle inner alignment, and presence in the body space.

In the course, we combine this with concrete, advanced treatment techniques that can be immediately applied in your own practice. Energetic perception and assessment skills are continuously developed in this popular seminar.

### **Skills:**

By attending this course, you will learn, among other things:

- that you can actually "see" or "feel" energy and have always "seen" or "felt" it.
- that your perception goes far beyond the limitations of rational thought.
- how to perceive energetic structures and touch them directly and perceptibly.
- how to align your Ki field and thus use it as an effective tool in treatment.
- how to perceive and work with important interruptions in the vibrating space of a meridian or the body space, e.g., a knee joint.
- How to effectively work with what you perceive in your Shiatsu.
- Center yourself and feel the space of your own body.
- Exercises, techniques, and meditations to further develop all of these skills at home.

*Please see article "What is Energetic Perception?" at*

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